

Binder Capacity Chart

How many sheets fit in each ring size - round ring and D-ring, by paper weight.

Ring size	20# round	20# D-ring	24# round	24# D-ring	28# D-ring
1/2"	91	118	77	101	81
1"	182	237	155	202	163
1-1/2"	273	356	232	303	245
2"	365	474	310	404	327
3"	547	712	465	606	491
4"	-	949	-	808	655
5"	-	1187	-	1010	818

Round rings above 3" are rarely sold, so those cells are D-ring only.

What else takes up room

Subtract these before reading the table above.

- **90# index (standard paper tab)** 0.0070" each - 1 tab = 1.8 sheets of 20# bond
- **110# index (heavy paper tab)** 0.0085" each - 1 tab = 2.1 sheets of 20# bond
- **.015 poly (plastic tab)** 0.0150" each - 1 tab = 3.8 sheets of 20# bond
- **Loaded sheet protector** 0.006" each - 1 protector = 1.5 sheets, plus the page inside it

How to use this

1. Count your sheets and multiply by the caliper for your paper weight to get stack inches.
2. Add the tabs and any sheet protectors from the list above.
3. Pick the ring whose number in the table is comfortably larger than your count.
4. Leave about 15% spare. A binder filled to the rings will not turn, and it tears pages.

Made by Anselmo Die & Index, Schaumburg, Illinois - cutting index tabs since 1993.

Work it out for your exact stack: tabzoola.com/binder-size-calculator

Calipers are typical trade values; paper varies by mill and humidity. Figures are a guide, not a guarantee.



Binder divided? Print the tabs to match.

Scan to design a custom 8-tab set - tabzoola.com